

# THE CORONA CHRONICLES

February PART 1 2021

Social distancing does not mean social isolation. Now, more than ever, we need to find creative ways to stay connected. We hope to put a smile on your face and keep you up to date on what's happening at Villa Beaurepaire.

**GROCERIES:** Please leave your order on your wooden shelf by Monday at 1:00pm. Orders will be delivered on Tuesday morning. You will receive your invoice on Tuesday or Wednesday.

Happy  
Birthday!

to Don G. - February 28th



Feel good about what you put on the table with 100% organic, ethically-raised, and sustainably-sourced ingredients that fit your budget.

Bakery & deli, sweets & more.....

**Support a local business.**

**Brezen - NEW in the Village:**

484 Beaconsfield Blvd #102

Wednesday-Thursday-Friday from 10:30am to 6pm

Saturday from 10:30am to 5pm

## Announcements

To visit **The Hair Salon** for a hair wash, colour or perm, please book an appointment with Celine through Alex..

Book an appointment with the **Foot Care Nurse** through Alex. The price is \$45 and you must bring your own towel and a list of your medications.

We're working hard with the CLSC to organize the delivery of the COVID vaccines as soon as possible.

**INCOME TAXES:** Ron Coughlin will once again donate his time to do your income taxes, **no sooner than March 1st. Stay tuned for further instructions.**



# Funniest Town Names Across Canada

## ***Snafu, Yukon***

This community was christened after everyone's favourite military acronym—Situation Normal: All Fouled Up—by the U.S. military while they were building the Alaska highway. We're not sure exactly what situation the military was referring to at the time, but Snafu served as one of two forest fire crew camps in the Yukon in the '50s. It's now a campground surrounded by lakes and a popular destination for canoe trips.



## ***St Louis-du-Ha!-Ha!, Quebec***

Apparently the only town in the world with two exclamation points in its name—sits at the top of the Témiscouata valley. Some believe that the exclamatory portion of the town's name comes from the sound that newcomers would make upon seeing the valley's shining lake for the first time: ha! ha! Others say that the name comes from the fact that "haha" was once a synonym for cul-de-sac (a possible reference to Lake Témiscouata presenting an obstacle to roads). Either way, this funny Canadian town name has had visitors chuckling for generations.



## ***Dildo, Newfoundland and Labrador***

No one can quite confirm where the most infamous of all funny Canadian town names comes from, but, befitting of Newfoundland's rich folklore, there are countless colourful stories. Some say it comes from a French word for the island—"île d'eau"—or a Spanish word for the bottom of a boat. The term has also been known to refer to a pin placed in a rowboat that attaches to the oar. If you visit the picturesque shoreline town, you can always ask its mascot, Captain Dildo, for his take on the tale.



Can you spot the Dildo Hollywood sign?



## ***Flin Flon, Manitoba***

When naming this Manitoba city, prospector Thomas Creighton was inspired by a dime-store sci-fi book he'd read, "The Sunless City" by J.E. Preston-Muddock, which featured a protagonist by the name of Josiah Flintabbatey Flonatin. Suffice it to say, Flin Flon remains the only city in Canada to be named after a science fiction character. A statue has even been erected in honour of the city's namesake—he stands at the entrance to the town, and locals call him Flinty.

# Muffin Pan Frittatas

## Ingredients

- cooking spray
- 1 tablespoon olive oil
- 6 eggs
- ½ cup milk
- ¼ teaspoon salt
- ⅛ teaspoon ground black pepper
- 1 cup shredded Cheddar cheese

## Add in's

- 1 cup chopped fresh spinach
- ¼ cup chopped bell pepper
- 2 tablespoons chopped red onion
- Mushrooms
- Green onions

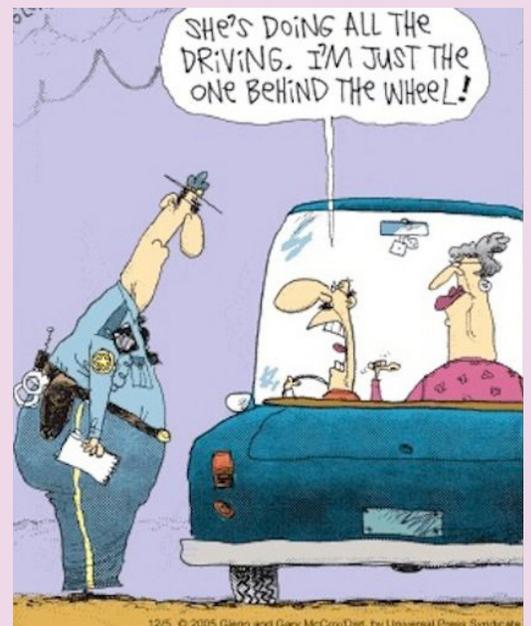


## Directions

- **Step 1** Preheat oven to 350 degrees F (175 degrees C). Spray 12 muffin cups with cooking spray or some kind of oil
- **Step 2** Heat olive oil in a skillet over medium heat; cook and stir bell pepper and onion in the hot oil until softened, 5 to 10 minutes. Then add the spinach and mushrooms or whatever vegetables you have on hand.
- **Step 3** Whisk eggs, milk, salt, and black pepper together in a bowl. Mix cooked vegetables and Cheddar cheese into egg mixture. Spoon about 1/4 cup mixture into each muffin cup.
- **Step 4** Bake in the preheated oven until frittatas are set in the middle and lightly browned, about 20 minutes.

Answers to Cocoa Crossword from January newsletter - Part 1

ACROSS	DOWN
2. marshmallows	1. warm
7. chocolate	3. sugar
8. cream	4. mug
11. teakettle	5. spoon
12. saucer	6. nesquik
	9. milk
	10. winter



## Take Care

Robert Stockton

### ACROSS

1. Operator of a "2001" space plane
6. Feature of sportscasts and TiVos
11. Short sleepwear?
14. NAACP locale
15. Historically popular food fowl
16. The safe side
17. Flavorful name for an East coast city
19. Dedicated work
20. 1962 "Space Age" hit for The Tornados
21. Kind of neat?
23. Discovered, in Derbyshire
26. Classical tune featured in "Ordinary People"
33. "Fooled ya!"
34. Mad Cow Disease, initially
35. Ending with centi- or milli-
36. She was seduced by Zeus
37. Changes shade after seeing one?
39. Believe, old style
40. Let go
41. GP's grp.
42. Variety show
43. Four before "Hi-ho, the derry-o"
47. Without leadership
48. Tired-out trotter
51. Son of Cedric, per Scott
56. Critter compound
57. The part you point, and a hint to 17, 26, and 43 across
60. Messenger maker
61. Former White House Bush
62. Not so hot
63. Had, at the table
64. Oglers

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17						18						19			
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26	27	28	29									30	31	32	
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48	49	50						51				52	53	54	55
56				57		58	59								
60				61						62					
63				64						65					

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65. Emulates Ella

### DOWN

1. Short shot in the U.S. Open
2. 1968 winner of the US Open
3. Coward on stage
4. B1 landing spots
5. Restaurant VIP
6. Egyptian beetle or brooch
7. Luxury spot?
8. The other side: abbr.
9. Blackstrap, e.g.
10. "Be right there!"
11. Two fourths of an antacid sound
12. Force user
13. Spotted

18. Manx man, e.g.

22. Adjusted
24. He played opposite Schwimmer and Perry
25. Dutch diva Delange
26. Rice dish
27. Billy Joel's singing daughter
28. It may be hard or mulled
29. Chief
30. Chutzpah
31. Two-time batting champ Lefty
32. Stairway support
37. Country called "The Heart of America"
38. Arab chief
42. Moulds a statue anew

44. Make possible

45. \_\_\_ a rail
46. Where you might find your honey
48. Emerald City princess
49. Word with art or heart
50. Accomplished
52. 11 in. of wire, as distributed by Grace Hopper
53. Trademarked filter technology
54. "I've already started that task!"
55. TV personalities Byrnes and Hall
58. Litigate
59. Factory second label: abbr.