

THE CORONA CHRONICLES

TIPS AND GIGGLES

JULY, 2020

Social distancing does not mean social isolation. Now, more than ever, we need to find creative ways to stay connected. We hope to put a smile on your face and keep you up to date on what's happening at Villa Beaurepaire.

TAKE NOTE: The Corona Chronicles will now be printed once a month.

We encourage you to go outside and enjoy some fresh air.

Wear a mask and keep 2 metres away from others.

Visitors inside the building are still prohibited, but you may visit outside at a distance.



Happy Birthday!



to HELEN HILL
- July 6th

and to JUNE
- July 19th

**Celebrate Canada Day with
live entertainment!**

Wednesday July 1st after bingo, at 3:30 pm, Kerry-Anne Kutz and her husband Michael Cartile will be performing in the North Courtyard.



Beau Market

Every Friday from 3-6PM, in front
of La Palette



LES AMIS DU VILLAGE
BEAUREPAIRE

NOTICES

.....
**Grocery service will continue, however
you are permitted to go and do your own
shopping.**
.....

If you would like to **contribute anything to
next month's newsletter**, such as a
recipe, an anecdote, a joke/riddle/game, we
encourage you to talk to Alex or Laura.

.....
Please use the cleaner left outside to
wipe the chairs in the North Courtyard
before and after you use them. Please wear
a mask when with other people outside.
.....

Dining room service

Monday -Thursday - 11:30am OR 12:30pm
Friday - 9:00am OR 10:00am



Canada Day, observed on July 1st, is a national holiday marking the anniversary of Confederation in 1867, when the British North America Act came into effect. ... This act united three colonies into a single country called Canada within the British Empire.

Canada's National Symbol is the mighty Beaver.



Don't mock the beaver! They are vicious. Beavers have been known to attack humans and there have been reported deaths by beaver.

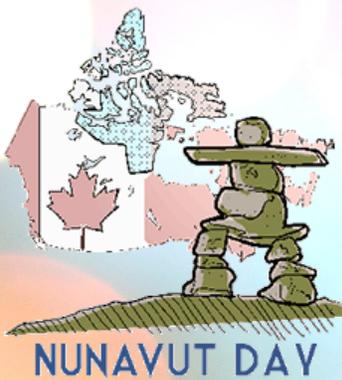


The price of a coffee was 10 cents when the first Tim Hortons opened in Hamilton in May 1964. Doughnuts were also 10 cents apiece.



Known as Canada's national dish, poutine is a French-Canadian meal featuring three ingredients: fries, cheese curds, and gravy. Created in the 1950s in Quebec.

What's a Canadian ghost's favourite food?
"Boo-tine"



Every year on July 9, we celebrate Nunavut Day—the day the Parliament of Canada passed the Nunavut Act. Along with the Nunavut Land Claims Agreement, it officially declared Nunavut as a distinct region that is legally separate from the Northwest Territories.

MOST POPULAR PHRASE:

What is it with Canadians? We really do apologize a lot. When someone bumps into us, we are the ones saying sorry. When you come to Canada, don't worry about offending anyone, most likely if you do, a Canadian will apologize for you.

"SORRY"

You know you live in Canada if:

- Pike is a type of fish, not some part of a highway.
- You have switched from "heat" to "A/C" in the same day and back again.
- You design your kid's Halloween costume to fit over a snowsuit.
- You stepped on someone's foot. You apologise, then apologize for making them apologize.

A Canadian Civil Rights Legacy

In November 1946, hair salon owner **Viola Desmond** went to a film at the Roseland Theatre in New Glasgow, Nova Scotia. What began as a night at the movies became a night in prison. Unaware that the theatre was segregated, the Black Nova Scotian chose a main-floor seat. When she refused to move to the balcony, where Black patrons were expected to sit, she was arrested and dragged out of the theatre.

For many people, the story would have ended there – but Desmond refused to accept the charges against her, and her case went all the way to Nova Scotia’s Supreme Court.

Viola Desmond was born in 1914 in Halifax, Nova Scotia. As a young woman, she dreamed of opening a beauty salon, but discovered that Nova Scotia beauty schools did not accept Black students. Instead of giving up her dream, Desmond trained as a hairdresser and beautician in Montréal and the United States. She went on to become a successful entrepreneur in Nova Scotia operating a beauty school, as well as her own salon. Ahead of her time in recognizing an underserved market, Desmond created a line of cosmetics for people with darker complexions. Despite her many accomplishments, Desmond still had to contend with the racist practice of segregation. When Desmond was removed from the Roseland Theatre for sitting in a whites-only section, existing laws were used to sanction her for breaking the unwritten rules of segregation.

Desmond was charged with tax evasion for failing to pay the full tax on a main-floor movie ticket – a difference that amounted to only one cent. By refusing to change seats and by fighting her conviction in court, **Viola Desmond directly challenged segregation in Canada.** Desmond recognized that what had happened to her was an injustice, and she realized she had the power to speak out against it. After speaking to family and friends and realizing she had their support, Desmond decided to appeal her conviction, and it was eventually brought before the Supreme Court of Nova Scotia. Even though she ultimately lost her appeal, her stand against injustice galvanized Nova Scotia’s Black community and helped inspire Canada’s civil rights movement. Unfortunately, the personal cost for Desmond was high. Her marriage ended and she abandoned her business in Nova Scotia, moving to Montréal. She passed away in 1965 in New York City.

The justness of Desmond’s cause was officially recognized in 2010, when the Lieutenant Governor of Nova Scotia posthumously pardoned her, removing her conviction from the historical record. Desmond’s story, long unknown to most Canadians, is now becoming more familiar. In 2018, she became the first Canadian woman featured on a regularly circulating Canadian \$10 bill. Desmond has also appeared on a Canadian postage stamp. She’s had her own Heritage Minute and there is even a ferryboat in Halifax, Nova Scotia named in her honour.

Desmond’s sister Wanda Robson still lives in Nova Scotia. Like many Canadians, she has been inspired by her sister’s story. At 73, she went back to school, finished her Bachelor of Arts degree, and now speaks to youth about her sister’s story and combating racism. Robson knows if we are to end racism and discrimination, we all need to take a stand, just as Viola Desmond did.

Source: Canadian Museum for Human Rights



Vi's Studio of Beauty Culture
(courtesy Wanda and Joe
Robson Collection, Beaton
Institute, Cape Breton
University)

Viola Desmond standing inside her beauty salon, Vi's Studio of Beauty Culture
(courtesy Wanda and Joe Robson Collection, Beaton Institute, Cape Breton University)



Canada? Or Turtle Island?

Although the Canada we know has been around for 153 years, indigenous people have been living on this land for over 15,000 years and prefer to refer to North America as "Turtle Island." In various Indigenous origin stories, the turtle is said to support the world, and is an icon of life itself. Turtle Island therefore speaks to various spiritual beliefs about creation and for some, the turtle is a marker of identity, culture, autonomy and a deeply-held respect for the environment.

thecanadianencyclopedia.ca



A Day of Reflection

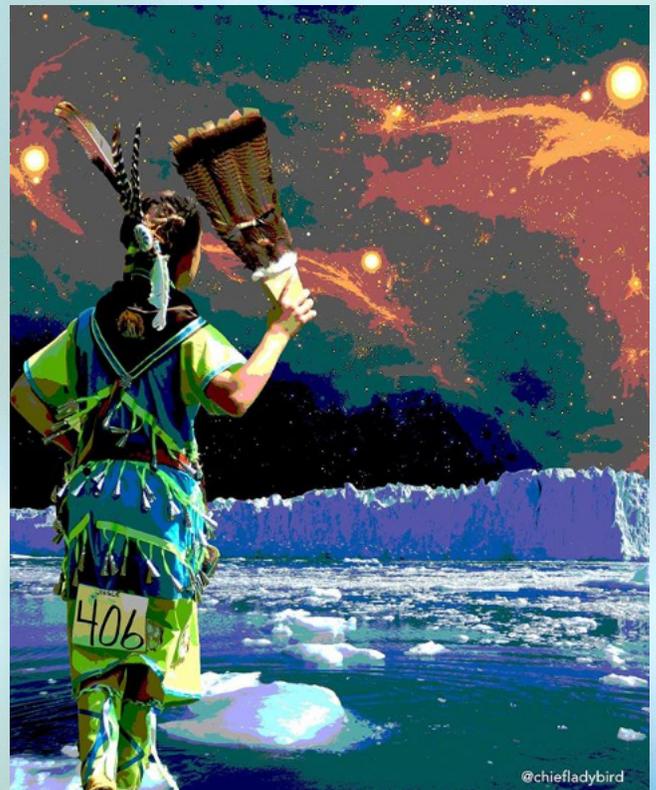
Although Canada Day is known as a day of celebration, for many it is a day of reflection. The Canada that was created in 1867 excluded the people who already lived on the land. Indigenous people are still present and thriving in this country, despite the ongoing impacts of colonial oppression.

We would like to acknowledge the traditional territory that Villa Beaurepaire is built on, that of the St. Lawrence Iroquoians, the Mohawk, the Huron-Wendat, and the Haudenosaunee.

native-land.ca



Katalinks/dreamstime



Painting by Chief Lady Bird

BRAINTEASERS

HINT: last line. Make sure to multiply before you add

Easier Brainteaser

Can You Solve This?

WONDERWORD

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the WONDERWORD.

SUMMERS IN SCANDINAVIA

Solution: 10 letters

K	C	O	A	C	H	F	S	M	O	R	A	I	N	E
R	R	T	O	U	R	J	T	L	S	S	C	T	A	Y
O	C	A	F	C	T	O	A	W	A	E	D	D	T	S
N	R	T	M	R	W	R	E	I	L	E	N	O	E	S
A	U	O	S	N	U	D	I	A	E	A	S	S	R	E
G	I	P	S	E	E	S	N	P	L	Y	U	H	U	G
N	S	R	S	N	L	D	S	A	A	B	O	E	T	D
I	E	S	P	T	E	U	S	W	L	S	T	O	A	I
K	N	B	C	O	F	K	R	E	T	N	S	R	R	R
I	L	O	E	E	R	O	A	E	R	L	I	A	E	B
V	I	B	R	A	N	T	L	L	O	E	M	F	P	E
A	G	O	P	D	C	I	D	E	A	L	N	N	M	A
L	H	A	E	K	I	H	C	O	A	S	T	I	E	U
U	T	T	O	L	L	C	L	I	M	A	T	E	T	T
E	S	R	E	V	I	D	L	I	M	F	E	R	R	Y

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5/11

Riddles

What can't be used until it's broken?

What has many keys but can't open any doors?

The more you take away, the larger it becomes - what is it?

ANSWERS FROM LAST WEEK'S RIDDLES

1. **What am I?** A glove
2. **What are we?** Vowels
3. **What am I?** It's shadow
4. **How many years did it take for the tree to reach half its maximum height?** 9 years

ANSWER TO LAST WEEK'S WONDERWORD

BLUEBERRIES

ANSWERS TO JULY'S RIDDLES: eggs, piano, hole

ANSWER TO JULY'S (EASIER) BRAINTEASER: 31

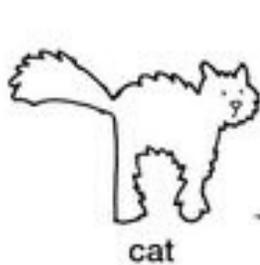
333

ANSWER TO JULY'S BRAINTEASER:

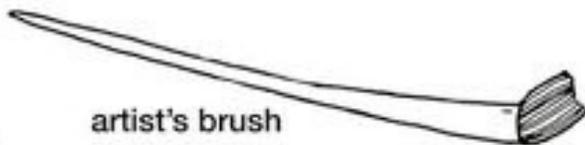
STAYCATION

ANSWER TO JULY'S WONDERWORD:

Can you find these things in the big picture?



artist's brush



banana



button



toothbrush



glove



sunglasses



rabbit



sock



American football



 Stay safe!