

THE CORONA CHRONICLES



 **March 2021**

PART 1

Social distancing does not mean social isolation. Now, more than ever, we need to find creative ways to stay connected. We hope to put a smile on your face and keep you up to date on what's happening at Villa Beaurepaire.



GROCERIES: Please leave your order on your wooden shelf by Monday at 1:00pm. Orders will be delivered on Tuesday morning. You will receive your invoice on Tuesday or Wednesday.

We Received the Vaccine!

All residents who desired it, and staff, have been **vaccinated!!** Officially you are **still at risk for 3 weeks** after receiving the vaccine (which takes us to March 18).



Please remain cautious and continue to wear a mask. We are waiting for directives from the government as to when we can open the dining room. Please be patient.

Announcements

Mary-Ann is back to teach YOGA on Tuesday's at 2:00pm!

Please sign up with Alex, as there's a maximum of 10 people in the dining room.

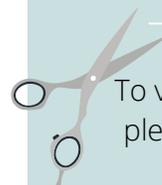
Masks will be mandatory.



INCOME TAXES: Ron Coughlin will once again donate his time to do your income taxes, no sooner than March 1st. Stay tuned for further instructions.



Book an appointment with the **Foot Care Nurse** through Alex. The price is \$45 and you must bring your own towel and a list of your medications.



To visit **The Hair Salon** for a hair wash, colour or perm, please book an appointment with Celine through Alex.

Happy Birthday

TO:

Ottavia - March 4th,
Peter - March 7th
and Jacques - March 20th



Reminder: If you choose to go out of the building for anything except a walk, you must isolate yourself in your apt.

Please do not go into shops. Help keep us all safe!

Greatest Snowflake Photos Ever Taken With Vividly High Resolution

Once an executive at Microsoft, **Nathan Myhrvold** is making a name in photography, shooting the highest resolution pictures of snowflakes ever made.

The images capture the ever-unique molecular structure in stunning color and depth. To make them required all manner of specialized equipment assembled together during lockdown as part of a garage project.

Most snowflakes are less than half of an inch wide, and will dissolve quite fast if not in contact with equally frozen material. The melting issue would be one of the biggest challenges for Myhrvold and it ended up requiring a lot of interesting tech.

He got to work building a machine that was part-microscope and part-camera. It ended up standing five-feet tall on a table and weighing 50 pounds. A thermoelectric cooling system, carbon fiber framing, and cool LED lights ensured there was no heat emanating onto the snow flake in focus. "Light could melt the snowflake, so I found a company in Japan that makes LED lights for industrial purposes," Myhrvold told Smithsonian. "My camera's flash is one-millionth of a second and a thousand times faster than that of a typical camera flash. "There was also a challenge involving how to capture the physical snowflake, one that was solved using, of all things, sapphire crystal, instead of glass because it doesn't capture and radiate heat as much as glass does".



Ice cold mathematics

In December, Good News Network examined the physics behind the formation of the iconic snowflake shape—the hexagonal kind Myhrvold photographed with his camera.

University of Manitoba researcher and mathematician Ranganathan Padmanabhan explained why a snow crystal is always depicted with six sides and six branches.



"Nature is the Mother of all symmetries. In fact, symmetry happens to be a central organizing principle in Nature's design," he said, noting bee honeycomb before explaining that on a molecular level, a hexagon allows for the tightest packing of things into space, meaning that Nature is a thrifty sort. As the snow crystal falls through the clouds and the sky, it collects water—liquid, vapor, and solid, which upon exposure to differing levels of humidity and temperature, begins to build up as it spins downward in a theoretically unending variation of trajectories and conditions, eventually forming the branches or arms of the snow crystal that essentially prohibit identity among fallen flakes.

*Source: adapted article by Andy Corbley -
in Good News Network, Feb 1, 2021*

RIDDLE

ANSWERS

1. A River
2. A Glove
3. An Eye
4. A Mirror
5. A Light Switch

Can you find the Mitsake?

- One=1
Two=2
Three=3
Four=4
Five=5
Six=6

Answer:
spelling error
in the title -
Mitsake

ZIGZAG WORD PUZZLE

General, Almanac,
Acquire, Reserve,
Veranda, Daytime,
Mercury



WONDERWORD

ANSWERS TO: Romantic Love Letters

Address, Admirers, Adore, Captivate, Card, Care, Corny, Couples, Coyle, Cupid, Cute, Dear, Destiny, Dream, Emotional, Feel, Flirt, Flowery, Fond, Girlfriends, Greet, Handwritten, Happy, Heart, Joyous, Lady, Like, Love, Magical, Male, Muster, Name, Paper, Poets, Rapture, Roses, Secret, Send, Share, Smile, Smitten, Spirit, Sudden, Suitor, Theme, Trust, Typed, Valentine, Wine, Words.

Solution: 6 letters



Unscramble the words below and then use the letters in the numbered boxes to find a leprechaun's occupation?

- OGLD
- CPNARLHUEE
- ACMOKHSR
- DLRIAEN
- FARIY
- WNIBARO
- MEDLARE
- REEGN
- HRACM
- SATNI
- ASENK
- DAEARP
- BERE
- TPO
- KLCU
- HPRA
- REILMCA



St. Patrick's Day Folklore, Traditions, and Symbolism

Many of the symbols and traditions that we celebrate today come from Irish folklore, and whether they are true or not, many stories are passed on that are just plain myths. The St. Patrick's Day we know today is a way for Irish Americans to celebrate their roots.



Saint Patrick Drove the Snakes out of Ireland

Though the traditionally accepted story goes that Saint Patrick, the Patron Saint of Ireland, drove the snakes out of the country, anyone who goes to Ireland can tell you that the cool, damp climate of the country is not suitable for snakes in the first place. Snakes never existed on Ireland, and even the idea of St. Patrick being Irish is just a bunch of blarney. According to historians, Saint Patrick was born in Britain (likely Wales) in the late 300s to an aristocratic family who lived a comfy life in a villa in the country, and owned plenty of slaves. When he was 16, he was kidnapped and was forced into slavery as a shepherd on the coast of Ireland. He tended sheep for several years before, as folklore has it, he heard a voice telling him to escape. Young Patrick returned to his family in Britain, but then the voices came back, and told him to go back to Ireland and spread the word of Christianity. Patrick returned to the country where he was once enslaved, and he became a Christian priest, and later a bishop. He took it as his mission to convert as many Irish people (many of whom were Pagan at the time) to Christianity, and he is believed to have baptized thousands of people in Ireland. Many historians believe that the snake myth surrounding Saint Patrick grew from the symbol of the snake, which typically represents evil (such as the snake in the Garden of Eden), and that it is a metaphor for Saint Patrick ridding Ireland of the perceived "evil force" of Paganism by introducing Christianity.

Shamrocks



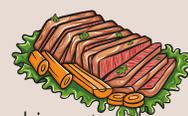
The symbol of the shamrock or three-leaf clover stems from another myth surrounding Saint Patrick, which was that he taught the Irish about Christianity by using a clover, showing that its three leaves represented the Holy Trinity – the father, the son, and the holy spirit. There is no evidence of this actually happening, but historians believe that many Irish Christians already saw the clover as a symbol of the cross, and it is possible that Saint Patrick adopted this symbol to further his missionary efforts in the country. Shamrocks are also considered to be a sacred plant in ancient Ireland because they symbolize the rebirth of spring. A four-leaf clover, on the other hand, is caused by a genetic mutation in three-leaf clovers, and are far less common, which is why finding one supposedly makes the finder lucky, and gives them good luck, according to superstition. It has been estimated that there are as many as 10,000 three-leaf clovers for every one four-leaf clover.

Leprechauns



Leprechauns are considered to be fairy-like creatures in Irish folklore that date back to Celtic mythology. They are curmudgeonly and mischievous, and typically take the form of a small man wearing a green outfit and green hat. According to lore, leprechauns are solitary creatures that live in remote areas as cobblers and make shoes. They are believed to have a hidden stash of gold, which they obsessively protect. These tiny men have made their way into Saint Patrick's Day not by any connection to the saint, but because of their ties to Irish culture.

Corned Beef



Though many families make corned beef as the main part of their "Irish" dinner for Saint Paddy's day, the meal is actually more American than Irish. Experts say that corned beef has only been associated with Saint Patrick's Day starting around the turn of the century, and that it started when Irish immigrants living in the Lower East Side of New York City began using corned beef for their Saint Patrick's Day dinner instead of the traditional dish of Irish bacon in order to save money. This was a tip that the Irish in NYC actually learned from Jewish people in the community.

Source: Long Island.com

BY BROOKE HEIN PUBLISHED: FEBRUARY 29 2020

 Stay safe!
VILLA BEAUREPAIRE STAFF