

# THE CORONA CHRONICLES

## Spring Equinox

March 2021

PART 2

Social distancing does not mean social isolation. Now, more than ever, we need to find creative ways to stay connected. We hope to put a smile on your face and keep you up to date on what's happening at Villa Beaurepaire.



**GROCERIES:** Please leave your order on your wooden shelf by Monday at 1:00pm. Orders will be delivered on Tuesday morning. You will receive your invoice on Tuesday or Wednesday.

### REMEMBER!

Even if you received the COVID vaccine, you are officially **still at risk for 3 weeks** after receiving the vaccine (which takes us to March 18).

**Please remain cautious and continue to wear a mask.**

We should receive the booster vaccine by a maximum of 3 months.



## Announcements

**Mary-Ann** is back to teach YOGA on Tuesday's at 2:00pm!

**Maximum of 10 people in the dining room.**  
Masks will be mandatory.

**INCOME TAXES:** Ron Coughlin will once again donate his time to do your income taxes, no sooner than March 1st. Stay tuned for further instructions.

Book an appointment with the **Foot Care Nurse** through Alex. The price is \$45 and you must bring your own towel and a list of your medications.

To visit **The Hair Salon** for a hair wash, colour or perm, please book an appointment with Celine through Alex.

**Nominations** to sit on the **Board of Directions** are underway until April 6. You can nominate anyone living in Villa Beaurepaire. **See Alex for nomination form.**

You can even nominate yourself. Three residents will be elected to sit on the board for a one year term.

If more than 3 people are nominated, there will be an election by paper vote on April 8th and results announced at the **AGM on April 9th, 2:00pm.**



**Reminder:** If you choose to go out of the building for anything except a walk, you must isolate yourself in your apt.

Please do not go into shops  
Help keep us all safe!





avec/with chanteuses/vocalists

# Laura Coulter-Low, Erin Berger & le pianiste Michael Woytiuk

*'The Sound of Music', 'Mary Poppins', 'Carousel'  
'Westside Story', 'Chicago', 'Cabaret', 'Oklahoma' et bien plus!*

## THE BEST OF BROADWAY CONCERT

**Small group viewings on TV in dining room - sign up for your preferred date.**

There will be two viewings. Sign up on Notice Board near dining room.

Maximum 10 people per viewing in dining room.



**If you have a computer or a tablet**, you are welcome to watch the Broadway concert on this website at your leisure, between these dates: March 20 & April 3rd.

[www.festivaldelavoix.com](http://www.festivaldelavoix.com)



The first senior moment.

# Spring Equinox - MArch 20th

At the equinox, Earth's two hemispheres are receiving the sun's rays equally. Night and day are often said to be equal in length. In fact, the word equinox comes from the Latin *aequus* (equal) and *nox* (night). For our ancestors, whose timekeeping was less precise than ours, they likely did seem equal.

The March equinox – also called the vernal equinox – marks the beginning of the spring season in the Northern Hemisphere and the autumn season in the Southern Hemisphere. The March 2021 equinox will arrive on March 20 at 9:37 UTC or 4:37 a.m. Central Daylight Time.



## **We Use 6 Billion Face Masks a Day—But Scientists Have a Genius Way to Turn Them Into Roads**

The idea of billions of people going through a few masks a week during this pandemic definitely rings alarm bells, but a team of researchers in Melbourne, Australia, may have the solution. They've discovered that adding millions of discarded face masks to road-paving mixtures would actually lower the cost of the road, while diverting billions of them from landfills. Just one kilometer of road would need three million masks, and the polypropylene plastic used to make single-use surgical face masks also increased the flexibility and durability of the road.

The new composite material is a mixture of about 2% shredded masks, with recycled concrete aggregate (RCA)—a material derived from waste concrete and other minerals from demolished buildings. Paving a kilometer of two-way road with the RCA and three million face masks would result in a rerouting of 93 tons of waste from landfills.

The roads actually gained greater flexibility as well, since the polypropylene helped reinforce the bindings of rubble particles, as well as giving a bit of stretch to the particle aggregates. The final product then is more resistant to wear than normal asphalt, as well as being cheaper too, provided there was a method for collecting masks.



The scientists did a cost-analysis and found that, at \$26 per ton, the RCA was about half the cost of mining virgin materials from quarries, and as much as a third of the cost of shipping the used masks to a landfill. According to Fast Company, these scientists are looking for private industry partners or governments willing to give their plastic mask road an opportunity for a large-scale test.



# Rhyming Riddles

Read the clues and find words that solve the riddles. All of the riddles must rhyme with the word in bold below:

## **RAIN**

- Transportation that goes on tracks. \_\_\_\_\_
- What you use to think. \_\_\_\_\_
- A rope made of metal links. \_\_\_\_\_
- Transportation that flies. \_\_\_\_\_
- A type of long-legged bird. \_\_\_\_\_
- A spot on your clothes. \_\_\_\_\_
- A country in Europe. \_\_\_\_\_
- A lion's hair. \_\_\_\_\_
- An ache. \_\_\_\_\_
- A small piece of something like sand. \_\_\_\_\_
- Stay behind \_\_\_\_\_
- Another way to say increase or get. \_\_\_\_\_
- Something people use to help them walk. \_\_\_\_\_
- Not crazy. \_\_\_\_\_
- Where dirty water goes. \_\_\_\_\_
- Twist your ankle. \_\_\_\_\_
- Not fancy. \_\_\_\_\_
- Tricky rhymes!
- Become smaller (like the moon at times) \_\_\_\_\_
- A blood vessel. \_\_\_\_\_



### **St. Patrick's Word Scramble answers:**

- 1. Sold
- 2. Leprechaun
- 3. Shamrock
- 4. Ireland
- 5. Fairy
- 6. Rainbow
- 7. Emerald
- 8. Green
- 9. March
- 10. Saint
- 11. Snake
- 12. Parade
- 13. Beer
- 14. Pot
- 15. Luck
- 16. Harp
- 17. Miracle
- BONUS: Shoemaker

